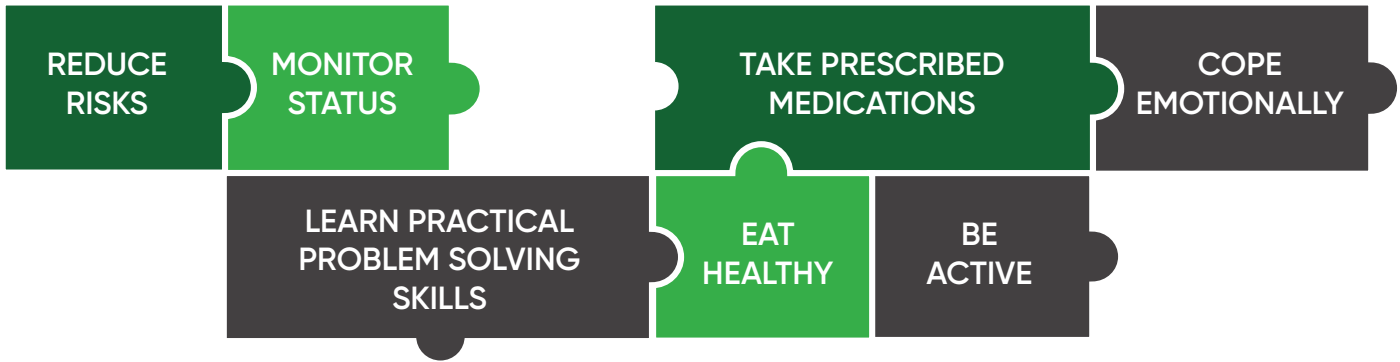
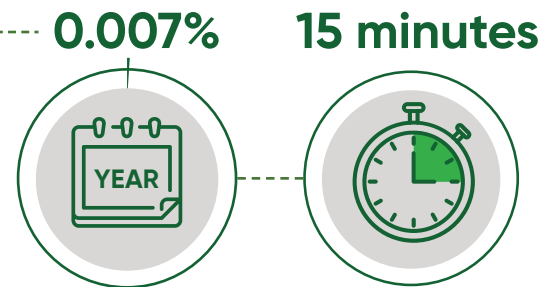


# Using Continuous Glucose Monitoring to Aid in Virtual Care and Improve Diabetes Management

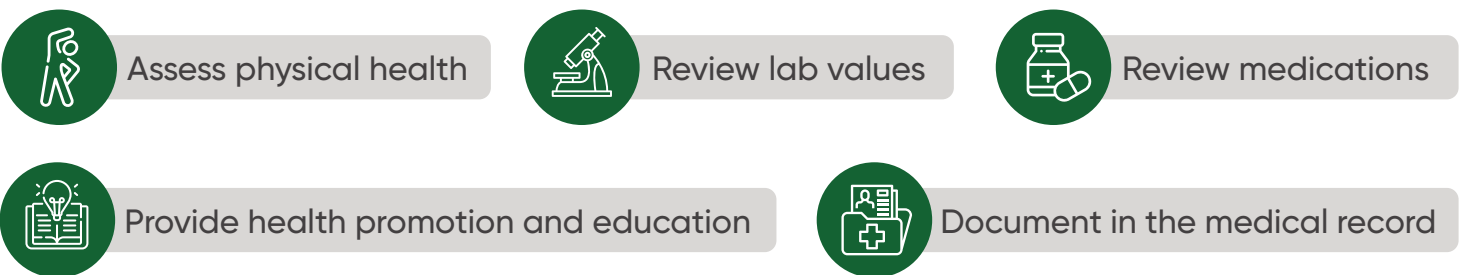
Effectively managing diabetes is a complex puzzle for plan members...<sup>1</sup>



...who spend **very little time** in direct contact with their health care providers<sup>2</sup>



A traditional primary care provider (PCP) visit is **not adequate** to cover diabetes care needs:<sup>2</sup>



## Virtual care offers vital support for plan members to manage their diabetes between doctor's office visits<sup>4,5</sup>



## CGM aids in virtual care with information to enhance plan member education and health coaching<sup>4</sup>

**2x**

Adding CGM to virtual diabetes care helps to reduce HbA1c nearly **twice as much** as virtual care without CGM<sup>6,7</sup>

## Plan members are highly satisfied with CGM in virtual care, comfortable using it, and learn important skills to better manage their diabetes<sup>8</sup>



**94.7%** were comfortable inserting the sensor



**95.7%** said CGM increased diabetes knowledge



**97%** said CGM improved understanding of the impact of eating



**79.4%** said CGM helped improve diabetes management when not wearing the sensor

**References:** 1. Fritzen K et al. *Diabetes Res Clin Pract.* 2019;158:107897. 2. Garber AJ et al. *Endocrine Practice.* 2020;26(1):107-139. 3. Our Care. National Survey Data. <https://data.ourcare.ca/all-questions>. 4. Dixon RF, et al. *J Diabetes Sci Technol.* 2020;14(5):908-911. 5. Ashrafzadeh S, et al. *Cell Metab.* 2019;29(3):564-575. 6. ADA Scientific Session Report on Onduo VDC: Majithia AR, et al. *Diabetes.* 2020; 69(Suppl 1). 7. ADA Scientific Session Report on Onduo VDC: Layne JE, et al. *Diabetes.* 2020; 69(Suppl 1). 8. Bergenstal RM, et al. *Diabetes Technol Ther.* 2021;23(2):128-132